

## HOMEIRA MEHRABIAN , M.D.

### ENDOSCOPY PREPARATION

If you are taking blood thinners that were prescribed to you such as; Warfarin, Eliquis, Xarelto, Plavix, Prasugrel, Brilinta, Cilostazol or Aggrenox, we will need to obtain clearance from the prescribing physician to stop the medication 5-7 days prior to your procedure.

If you are taking medications that would thin out your blood, including over the counter medications such as;

ASPIRIN, ADVIL, ALEVE, MOTRIN, LOVENOX, CELEBREX, BEXTRA, MOBIC, TICLID, TICAGRELOR, TICLODIPINE, DIPYRIDAMOLE, INDOMETHACIN, DICLOFENAC, ETODOLAC, FENOPROFEN, FIORINOL, KETOPROFEN, KETOPROFEN, KETOROLAC, MELOXICAM, TORADOL AND ANY PRODUCTS CONTAINING IBUPROFEN.

You will need to stop the above medications 7 days prior to your procedure

- You are to have nothing to eat / drink after midnight or before the exam
- Please arrange for a driver to take you home on the day of your exam.
- If you take insulin, do NOT take it before the exam. Bring it with you to the Hospital, you will have a snack or lunch after the exam.

\*\* If you take one or medications for high blood pressure or arrhythmias of the heart, please take them early (5:00 to 6:00 am) on the day of the exam with a small amount of water. Please consult with your doctor regarding other medications. \*\*

500 Superior Ave. Ste 320 Newport Beach, CA. 92663

Phone: 949-791-7155

Fax: 949-629-4491